NEWBURY DISTRICT SWIMMING CLUB

SWIMMING TIMETABLE Update at: Sept 2011		SUN		MON		TUES		WED		THUR		FRI		SAT			
		AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM			
Cruisers												6.30-7.30 (CM)				**Cruisers**	
Coach responsible	**Northcroft**		5.30-6.30 (JCH, MR)								5:30- 6:30 (JCH NM)					Coach esponsible	**Northcroft**
Janet Hopkins	**Brockhurst**													7.30-8.30 (JH NM)		Janet Hopkins	**Brockhurst**
Sprinters	**Northcroft**		6.30-7.30 (JCH, MR, CR)								6:30 - 7:30 (JCH NM)	6.30-7.30 (CM)				**Sprinters**	**Northcroft**
Coach responsible	**Kennet**					6.00-7.30 (DC)	5.30-6.30 (CM)			6.00-7.30 DC						Coach responsible	**Kennet**
Janet Hopkins	**Brockhurst**													8.30-9.30 (JH NM)		Janet Hopkins	**Brockhurst**
Challengers	**Northcroft**										6:00-7:30 (TS)	6.30-7.30 (CM)				**Challengers**	**Northcroft**
Coach responsible	**Kennet**		5:00-5:30 LT 5:30-6:45 (TS)			6.00-7.30(DC)	6.30-8.00 (CM)			6.00-7.30 DC						Coach responsible	**Kennet**
Tony Shore	**Hungerford**								6.30-7.30 (JB)							Tony Shore	
A/B	**Northcroft**		7.30-9:00 (A (DC), B (TS))		7:00 - 9:00(DC) A ,B1		6:30 - 8:00 (CM) B2		5:30-7:30 B (CM)		7:30 - 9:00 A (DC), B (CM)	6.30-7.30 (CM)	6:00 - 7:30 (DC)			**A/B/Club**	**Northcroft**
Coach responsible	**Kennet**					6.00-7.30(DC)				6.00-7.30 DC				6:00 - 8:00 (DC)		Coach responsible	**Kennet**
A squad Derek Carley	**Hungerford**								6:30 - 8:30 A (DC)							A squad Derek Carley	**Hungerford**
Masters/Youth	**Northcroft**											6.30-7.30 (CM)				**Masters/Youth**	**Northcroft**
Coach reponsible	**Kennet**		6:45 - 8:00 (DM)			6.00-7.30 (DC)				6.00-7.30 (DC)						Coach reponsible	**Kennet**
Dave Milburn	**Hungerford**				7:30 - 8:30 (DM)				8:30 - 9:30 (DM)							Dave Milburn	**Hungerford**
		SUN		**MON**		**TUES**		**WED**		**THURS**		**FRI**		**SAT**			

Land Training (LT) : Sunday
Challengers/youth 5:00 - 5:30 Kennet
A/B 6:30 - 7:30 Northcroft

Coaches & helpers:

Derek Carley (DC) **Carolyn McLeod (CM)** **Tony Shore (TS)** **Janet Hopkins (JCH)**
Chris Ryan (CR) **Dave Milburn (DM)** **Nalini Mistry (NM)** **Jackie Bracey (JB)** **Melanie Rickerby (MR)**