

NDSC 2011 Age Group Championships

Licensed at level 4

Age at 31st December 2011

Session 1: Sunday 2nd October 2011 at Northcroft

Event	Description
101	Girls 100m IM
102	Boys 100M IM
103	Girls Cruisers 25M Butterfly
104	Boys Cruisers 25M Butterfly
105	Girls 200M Breaststroke
106	Boys 200M Breaststroke
107	Girls Sprinters 50M Butterfly
108	Boys Sprinters 50M Butterfly
109	Girls 100M Butterfly
110	Boys 100m Butterfly
111	Girls 200M Freestyle
112	Boys 200M Freestyle

Warm up starts at 5:30pm. Session starts at approximately 6:00 pm; estimated finish time 9:00 pm.

This gala is session 1 of the club championships, part of a total of 5 sessions leading up to Christmas. All dates are listed on the NDSC web site. Please complete the form below with the relevant details. Cruiser and Sprinter squad members will swim in their respective designated events but in addition (unlike the novice and sprint gala) at the discretion of your coach some swimmers may also be able to swim some 100m/200m events. This will require your coaches sign off, please discuss with them and seek their advice. No registration on the night will be required; it will be assumed that those entered will participate. If you need to withdraw from the session altogether please let the organiser know in advance.

All other swimmers will swim in the age group events and each event will break down into the age group as follows:

A = 9 yr old and under

B = 10 yr old

C = 11 yr old

D = 12 yr old

E = 13 yr old

F = 14 yr old

G = 15 yr old

H = 16 yr old and older

All ages as at 31st December 2011

For those of you who are new to the club, or perhaps were not aware, this gala is the first of the main club championships following on from the novice and Sprints gala in the summer. Similarly, the club championships count towards various trophies including 100m awards (for each stroke) Aggregate trophies and BAGCAT trophies that are presented annually at the presentation evening normally held in January. For full details of the trophies, discuss with your squad rep.

Please adhere to the closing date of 29th September as the event programme will need to be created and printed in the remaining few days before the weekend of the gala. Please return your forms to your squad rep along with the correct money.

PLEASE COMPLETE ALL BOXES OR YOU MAY BE ENTERED INCORRECTLY. IF YOU ARE UNSURE OF ANYTHING PLEASE ASK YOUR SQUAD REP.

NDSC CLUB CHAMPIONSHIPS - Session 1					
Sunday 2 nd October 2011(5:30pm warm-up)					
Name:				Date of Birth	
Event No:		Event Description:		Submitted time	
Cost per event: £2:50			Closing date: Thursday 29 th September		

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Please submit entire form even if you are entering only one or two events

Total fee	Method of Payment (circle)		Cruisers/Sprinters only: please get coaches signature for any additional events over designated events for your squad.
£	Cash	Cheque	Signature: