

**NEWBURY DISTRICT SWIMMING CLUB**

SWIMMING TIMETABLE s at 16th September 2009		SUN		MON		TUES		WED		THUR		FRI		SAT				
		AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM				
<b>Cruisers</b>													6.30-7.30(JH)		<b>Cruisers</b>			
Coach responsible Jane Hester	<b>Northcroft</b>		5.30-6.30 (JH/TS TB HH)										5:30- 6:30 (TB HH)		Coach esponsible	<b>Northcroft</b>		
	<b>Brockhurst</b>													7.30-8.30 (JH +)	Jane Hester	<b>Brockhurst</b>		
<b>Sprinters</b>			6.30-7.30 (JH/TS TB HH)										6.30-7.30 (JH)		<b>Sprinters</b>	<b>Northcroft</b>		
Coach responsible Jane Hester	<b>Kennet</b>					6.00-7.30 (DC)	5.30-6.30 (CM )				6.00-7.30 (CG)				Coach responsible	<b>Kennet</b>		
	<b>Brockhurst</b>													8.30-9.30 (JH+)	Jane Hester	<b>Brockhurst</b>		
<b>Challengers</b>													6.00-7.30 (CG )	6.30-7.30(JH)		<b>Challengers</b>	<b>Northcroft</b>	
Coach responsible Chris Glover	<b>Kennet</b>		5:30-6:00 LT 6.00-7.15 (CG)			6.00-7.30(DC)	6.30-8.00 (CM )				6.00-7.30(CG)				Coach responsible	<b>Kennet</b>		
	<b>Hungerford</b>								6.30-7.30 (CG)						Chris Glover			
<b>A/B</b>	<b>Northcroft</b>		6:30 - 7:30 LT 7:30-9:00 (A/B DC)						5:30-7:30 B (CM)				7:30 - 9:00 A (DC), B (CM)	6.30-7.30(JH)	5:30 - 7:30 (DC )		<b>A/B/Club</b>	<b>Northcroft</b>
Coaches responsible	<b>Kennet</b>					6.00-7.30(DC)					6.00-7.30(CG)				6:00 - 8:00 (DC)	Coach responsible	<b>Kennet</b>	
A squad Derek Carley	<b>Hungerford</b>								6:30 - 8:30 A (DC )							A squad Derek Carley	<b>Hungerford</b>	
B squad Carolyn McLeod	<b>Downe H</b>						7:00- 9:00 (DC DM)									B squad Carolyn McLeod	<b>Downe H</b>	
<b>Masters/Youth</b>	<b>Northcroft</b>												7:30-9:00pm (CG )	6.30-7.30(JH)		<b>Masters/Youth</b>	<b>Northcroft</b>	
Masters Chris Glover	<b>Kennet</b>		7:15- 8:30(CG)			6.00-7.30 (DC)					6.00-7.30(CG)					Coach reponsible Chris Glover Giverny Barrett Coach/swimmer liaison	<b>Kennet</b>	
Youth Giverny Barrett (Coach/Swimmer liaison)	<b>Hungerford</b>				7.30-8.30 (CG)												<b>Hungerford</b>	

**Land Training: Sunday**

**Challengers** 5:30 - 6:00 Kennet  
**A/B/Club** 6:15 - 7:00 + 15 mins poolside

**Coaches:**

Derek Carley (DC)  
Jane Hester (JH)  
Chris Glover (CG)

Carolyn McLeod ( CM)  
New Coach (NC)  
Dave Milburn (DM)

Tony Shore (TS)  
Trudie Blake (TB)  
Helen Hartshorne (HH)

Janet Hopkins (JCH)