

NDSC 2009 Age Group Championships

Age at 31st December 2009

Session 2: Sunday 18th October 2009, at Northcroft

<u>Event</u>	<u>Round</u>	<u>Description</u>
201	HEATS	Girls 200m Individual Medley
202	HEATS	Boys 200m Individual Medley
203	HEATS	Girls Cruisers 25m Breaststroke
204	HEATS	Boys Cruisers 25m Breaststroke
205	HEATS	Girls Sprinters 50m Breaststroke
206	HEATS	Boys Sprinters 50m Breaststroke
207	HEATS	Girls 100m Backstroke
208	HEATS	Boys 100m Backstroke
209	HEATS	Girls Cruisers 25m Backstroke
210	HEATS	Boys Cruisers 25m Backstroke
211	HEATS	Girls 100m Breaststroke
212	HEATS	Boys 100m Breaststroke
213	HEATS	Girls Sprinters 50m Backstroke
214	HEATS	Boys Sprinters 50m Backstroke
215	HEATS	Girls 200m Butterfly
216	HEATS	Boys 200m Butterfly

Warm up starts at 5:30pm. Session starts at approx 6:00pm, estimated completion 9:00pm

This gala is Session 2 of the Club Championships, part of a total of 5 sessions leading up to Christmas. All dates are listed on the web site. Please complete the form below with the relevant details.

Cruiser and Sprinter squad members will swim in their respective designated events, but in addition (unlike the Novice & Sprints Gala) at the discretion of your coach some swimmers may also be able to swim some 100m/200m events. This will require your coaches sign off, please discuss with them and seek their advice. **No** registration on the night will be required, it will be assumed that all those entered will participate. If you need to **withdraw** from the session altogether **please let me know in advance**.

All other swimmers will swim in the Age Group events, and each event will break down into the Age Groups are follows:

A = 9 yr old and under

B = 10 yr old

C = 11 yr old

D = 12 yr old

E = 13 yr old

F = 14 yr old

G = 15 yr old

H = 16 yr old and older All ages as at 31st December 2009

For those of you who are new to the club or perhaps were not aware. This gala is first of the main Club Championships following on from the Novice and Sprints Gala in the summer. Similarly, the Club Championships count towards various trophies including 100m Awards (for each stroke), Aggregate Trophies and BAGCAT Trophies, that are presented annually at the presentation evening normally held in January. For full details on trophies discuss with your squad rep.

Please adhere to the return date of **Thursday 15th October**, as the event program will need to be created and printed in the remaining few days before the weekend of the gala. Please return your forms to your squad rep along with correct monies. If you prefer, post form with correct money (cheque), ensuring it arrives before the close date to:

Neville Glanville
96 Craven Road
Newbury
Berks, RG14 5NP

Tel: 01635 37003
email: neville@glanvilleweb.co.uk

PLEASE COMPLETE ALL BOXES OR YOU MAY BE ENTERED INCORRECTLY.
IF YOU ARE UNSURE OF ANYTHING PLEASE ASK YOUR SQUAD REP.

NDSC CLUB CHAMPIONSHIPS – Session 2					
Sunday 18th October (5:30pm warm-up)					
Name:				Date of Birth	
Event No:		Event Description:		Submitted Time:	
Cost per event: £2.00			Closing date: Thursday 15th OCTOBER		

NDSC CLUB CHAMPIONSHIPS – Session 2					
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Event No:		Event Description:		Submitted Time:	
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Late entries & entries without fees will not be accepted					

Please submit entire form, even if you are entering only one or two events.

Total Fee	Method of Payment (Circle)		(Cruisers/Sprinters only) Please get Coaches signature for any additional events over designated events for your squad
£	Cash	Cheque	Signature: